



News Update

California Chapter 1 AAP

<http://www.aapca1.org>

Vol. 2012, Issue 3

Special points of interest:

- CATCH
- President and VP Commentaries
- CEASE Program
- Awards
- Committee Updates
- New Provisional Section

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CEASE Program Announcement

Visiting Lectureship Educates California's Central Valley Pediatricians on Thirdhand Smoke

By Teal Warthen, DO, Sarah Hutchinson, Serena Yang, MD, MPH

To coincide with WHO "No Tobacco Day", Children's Hospital Central California and Community Regional Medical Center in Fresno hosted a tobacco prevention and smoking cessation symposium targeting health care providers and health educators in California's Central Valley, May 24-25, 2012. The educational symposium was organized by **Teal Warthen, DO**, co-chief resident at UCSF Fresno Pediatrics Residency Program and funded by a Julius B. Richmond AAP/FAMRI Visiting Lectureship Award.

The goal of the Symposium was to raise awareness of the dramatic health and social consequences related to third hand smoke exposure and to demonstrate an evidence-based model of assessing and assisting

pediatric patients and their families with smoking cessation. The two day event highlighted groundbreaking research by invited guest expert, Dr. **Jonathan Winickoff, MD, MPH**, and included lectures, workshops, and a health fair, and reached over 100 child health providers, trainees from UCSF Fresno Medical Education Program, and health educators from Fresno and Madera County Public Health Departments, Health Net, and local community based organizations such as the California Health Collaborative Tobacco Prevention Program out of Merced County, American Lung Association, and Fresno County Economic Opportunities Commission.

Thirdhand smoke, or the residue that remains behind on clothes, skin, furniture and car seats of those who smoke, is a newer phrase coined by Dr. Winickoff. Thirdhand smoke has been shown to be carcinogenic, similar to its more well known counterpart, secondhand smoke, but can be considered even more

harmful to infants and toddlers who explore their environments with much more than just their eyes.

Dr. Winickoff advocates for a systematic approach to helping parents quit smoking and, along with his team, developed the CEASE program to aid providers in doing this. The program consists of three simple steps: Ask-Assist-Refer and is available free of charge through their website at:<http://www2.massgeneral.org/ceasetobacco/states.htm>.

Attendees of the 2-day Symposium in Fresno were enlightened and inspired to make a difference in the lives of their patients, friends, and families. The Pediatrics Department at UCSF Fresno has begun to implement the CEASE program in their resident-led clinic and was able refer 5 families to the California state quit line in their first day of utilizing it. The Symposium was successful in bringing health care providers and health educators together and strengthened their partnerships in advocating for a smoke free Central

News Update

President's Column

Valley.

For more information regarding tobacco prevention and/or the CEASE program, please refer to the Julius B. Richmond website at: <http://www2.aap.org/richmondcenter>.

President's Column Combined District Meeting: A Time for Recognition & Laurels

*By Charles Wibblesman,
MD*

Each year, during the summer months, the American Academy of Pediatrics sponsors a Combined District Meeting for 2 of the 10 Districts throughout the country. The goal is to join in meeting other members and learning from another District's successful programs within the AAP. It is an effort to improve the health of children in a particular district as well improve pediatricians' practices. My attendance at these meetings over the past several years has given me the opportunity to meet and learn from colleagues in the Southeast in 2010, the Midwest in 2011, and this month from colleagues from Kentucky, Virginia, Tennessee, North Carolina, and South Carolina. Discussions of the success and challenges of implementing an electronic medical record into a pediatric practice as well as how the Affordable Health Care Act will affect individual practices whether

fee for service, Academic, or in an ACO (Accountable Care Organization) occurred. Indeed, the perspective of a general pediatrician practicing fee for service in a rural area of South Carolina is much different than the perspective of someone, as myself, practicing Adolescent Medicine in a large group model HMO in an urban setting.

There was a spirited discussion also of the concept of a personal health record in an electronic form (such as a flash drive) which a parent could carry for each child in order to have the most up to date health information for providers. Each year at these meetings I am overwhelmingly impressed by the dedication, perseverance, and incredible energy of pediatricians throughout the country in making America a better place for the health of children.

However, in addition to the business of the AAP, this annual meeting also offers an evening event for both Districts to network with each other, with members of the national AAP staff, and to recognize and award outstanding chapter members. This year, our Chapter had the distinct pleasure of honoring 5 of our outstanding members as well as one member who received an award from our District IX.

The American Academy of Pediatrics' District IX, California, each year confers an award on a distinguished District member in honor of



**Drs. Wibblesman and
Udovic-Constant**

Martin Gershman: a legendary pediatrician from San Francisco who was a persistent and dauntless advocate for children and the providers of care to children in the state of California.

Nominees have shown outstanding dedication and commitment to promoting the health and well-being of children in California. This advocacy may occur at the state, local or community level, through educating policymakers and advocating for appropriate legislation, regulation, policies, funding or programs. This year's award was given at our annual Combined District meeting to **Shannon Udovic-Constant, MD, FAAP** and **Bronwen Anders, MD, FAAP**. Dr. Anders from Chapter 3 was honored for her many years of work with the CATCH program, her disaster response and relief efforts in Haiti and her efforts to improve the health and well-being of children internationally.

Dr. Udovic-Constant has served on the State Government Affairs Committee since 2003 when



President

Vice President Column

she joined as the Chapter 1 SGA alternate representative. Shannon then moved to become the Chapter 1 SGA rep in 2004. In the Fall of 2009, Dr. Udovic-Constant was appointed co-chair of the committee where she continues to serve. Over the past 9 years Shannon has worked tirelessly to advocate for the health and well being of California's children and adolescents and the pediatricians who care for them. This award is very special since nominees from all 4 chapters of the California District were submitted.

To receive this award is very special indeed.

Awards of Chapter Excellence for a Very Large Chapter were also given at this event to these chapter members:

Nelson Branco, MD, FAAP, for his outstanding leadership as Chair of the Continuing Medical Committee in providing the best education for our diverse membership with innovative, interactive CME conferences with exceptional speakers.

Ricky Y. Choi, MD, MPH, FAAP, for his unfailing dedicated efforts to improve the health of immigrant children and for his advocacy efforts on the Sate Government Affairs Committee.

Matt Diffley, MD, for his outstanding work with residents and young physicians in communicating and encouraging the goals and mission of the AAP, and his advocacy on behalf of children and families.

Katherine A. Foster, MD, FAAP for her work as the California Chapter 1 Oral Health Champion; and her dedication to providing at risk children with proper dental care and oral health education, and offering fluoride application training to physicians and dentists as well as developing a CME curricula on oral health.

Mark M. Simonian, MD, FAAP, for being an outstanding webmaster, newsletter editor, technology expert, and the longest standing member of the Board of Directors.

It was my distinct honor as President of Chapter 1 to confer these awards on just a few of the outstanding members of our chapter who dedicate a part of their professional lives to making our chapter outstanding in improving the health of children in Northern California.

VP Column

By Gena, Lewis, MD

June was a busy month for healthcare reform and whether you agree with the Supreme Court's decision to uphold the Affordable Care Act or Governor Brown's decision to collapse the Healthy Families program into Medi-Cal one thing is certain: the practice of pediatrics is changing and as physicians we must learn to adapt so that we can still find the satisfaction in our work over the burden of health reform.

I have found it reassuring that the AAP at a National,

District and Chapter level is taking a stand to help protect California's children and the practice of pediatrics during this time of upheaval.

The AAPs dedication to cultivating and maintaining relationships within State and Federal government as well as our reputation for being non partisan and willing to collaborate has made our voice a powerful and persuasive one.

But, along with advocacy for ourselves we need to maintain the driving force of the AAP: advocacy for the health and wellbeing of children.

In the next year our chapter will embark on sharing with all members interested in participating public health projects targeting at improving some of the chronic conditions that we see in everyday practice: asthma, obesity and developmental delay. We will also serve as a central hub for pediatricians seeking help maintaining their practices in this new environment as well as helping individual physicians maintain their certification.

Now that the American Board of Pediatrics (ABP) requires a maintenance of certification (MOC) quality improvement project for every recertifying pediatrician, the chapter has dedicated its time and resources to provide a low cost, ABP approved QI project that will satisfy MOC part 4. Over the next few years we will be looking at several public health issues pertinent to the practice of



Vice President

News Update

Lots of Activity in School Health

News Update

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dates may be included in a later
issue.

Chapter Web Site:

www.aapca1.org

primary care pediatrics. We
will start by offering the
CEASE program (Clinical
Effort Against Secondhand
Smoke Exposure). This
project created by Jonathan
Winickoff, MD at
Massachusetts's General
Hospital in 2005 has been
implemented very
successfully by pediatricians
on the East Coast and more
recently at Children's
Hospital & Research Center
Oakland. The CEASE
program allows pediatricians
the opportunity to use the
motivational interviewing
technique to assess a parent's
readiness for tobacco
cessation and help guide that
parent toward resources to
help them quit. The result is a
child with less secondhand
tobacco exposure and less
risk for severe persistent
asthma. Stay tuned to an
invitation to participate in this
new program and more
programs to come.

And as always, if you
have any questions or
suggestions please email me
at glewis@mail.cho.org.

Looking for Locum Tenens

If you are looking to hire a
locum tenens or are seeking a
position as a locum tenens, you
can have a short listing in the
Chapter 1 newsletter. Please
send a brief job description or
biosketch with your notice.
Below is our first
announcement.

Seeking : **Part or full time**
locum tenens, **taking call -**
general pediatrics in San
Mateo-San Jose area
Board Certification:
Pediatrics; Pediatric

Infectious Diseases (ABP 50608)

Medical Licenses: **California**
(C 52365), Texas (G5809); US
citizen

Languages: **Spanish, English**
and German

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School Health Quick Take

By George Monteverdi,
MD, co-Chair School
Health Committee

Pediatricians are daily
involved, directly or
indirectly in the health and
health services received by
California public school
students. The health services
received by students while in
school impacts the
professional life of
pediatricians as well as
directly affecting the health of
students and student families.
Now, the health policies and
practices which schools adopt
and implement will be the
focus of a new *AAPCA*
Statewide School Health
Work Group (SHW).

This work group will
advise the AAPCA State
Government Affairs
Committee on school health-
related policies, proposed
legislation and activities that
are relevant to the AAPCA
mission. **Kris Calvin**,
Executive Director of
AAPCA District IX activities,
has contacted a number of
pediatricians from the four
CA Chapters of District IX
AAP to participate
electronically and by
conference call in this
mission. Reports of this

activity will be focused on
issues which have been in the
forefront of concerns about
student health and student
health services.

CC1AAP School Health
Committee recently reviewed
two current *hot topics* at it
Spring 2012 meeting.

The CA Dept. of
Education requested
assistance in the development
of emergency regulations and
guidelines. (Notice of
Proposed Emergency
Regulations and can be found
at: <http://www.cde.ca.gov/re/lr/rr/adminofepilepsymed.asp>) In
response your *Committee*
reviewed the draft of
emergency regulations issued
by the CA Dept. of Education
in the amended Education
Code, Title 5, Division 1,
Chapter 2, Subchapter 3,
Article 4.5. Administration of
Emergency Anti-seizure
Medication by Trained
Volunteer Nonmedical School
Personnel. A summary of the
recommendations following
that discussion has been
forwarded to Kris Calvin and
other District IX AAP fellows
who have participated in
school issues at the State and
National level.

Additionally, the
committee is assessing the
impact of AB 114, the 2011-
12 education budget trailer
bill, which transferred
responsibility and funding for
educationally related mental
health services, including
residential services, from
county mental health and
child welfare departments to
education. **Shashank Joshi**
and **Renee Wachtel** have
accepted the task which will

What's Coming in Education

attempt to identify the impact of this funding change on access and mental health service quality.

Finally, formally authorized standing School Health Advisory Councils are a recognized resource which are able to assist school Local Educational Authority groups in the creation, adoption, and implementation of school policies and procedures affecting student health.

(Learn more about School Health Advisory Councils at the following website:

http://

www.nchealthyschools.org/)

Community Health Resource groups such as the **School Environmental Health and Asthma Collaborative** are ready to

provide tools and educational resources for the management of asthma in school. *(Learn more about CA Breathing and the SEHAC project please at: http://*

www.californiabreathing.org/about-us/projects-initiatives)

The responsibility of School authorities in the management of Diabetes Mellitus Type I remains a challenge which in now being addressed in California Courts of Appeal, but will ultimately return to the school site for solution.

If you have questions, you may contact me, George Monteverdi, MD, by e-mail: ggmale@sbcglobal.net, by phone: 707-265-7611.

CME Update July 2012

By Nelson Branco, MD,

CME Committee Co-Chair

Our Chapter has just wrapped up another successful

May meeting in Monterey. This year's version of *The Pediatrician as Specialist* was well attended and featured excellent speakers from the Bay Area, California, as well as Texas and North Carolina. The topics and specialties represented included: Food Allergy, Adolescent Medicine, Immunizations and Vaccine-preventable diseases, Medical Hypnotherapy, Gastroenterology, Oral Health and Ophthalmology. If you missed the meeting, but are a subscriber to Audio-Digest, you may have an opportunity to hear some of those talks – they recorded the conference and may be making some of those talks available to their subscribers. Take a look at www.audio-digest.org if you are interested.

Our December meeting will once again be held at the Kabuki Hotel in San Francisco. This year's theme is "Spills, Chills and Thrills." Our speakers include Dr. **David Schonfeld**, a nationally known expert on grieving in children and disaster preparedness and response, as well as helping children and families deal with difficult situations and events. He will be giving two talks on those topics. We are also please to have Dr. **Marilyn Bull**, who helped put together the new AAP guidelines on care of children with Down's Syndrome speaking about these new guidelines. Dr. Bull is also a nationally recognized expert on child passenger safety and will give another talk on that topic. Rounding out the faculty are two local experts – Dr. **Christine Cho** from SF General Emergency

Medicine, who will give a talk on wound care for the pediatric office, and Dr. **Peggy Weintrub** from UCSF Pediatric Infectious Diseases, who will speak to us about emerging infectious diseases and new pediatric drugs on the horizon. It is sure to be an interesting, informative and entertaining conference. Check the Chapter 1 Website (www.aapca1.org) for information. (Editor: Meeting information will be posted when meeting detail finalized.)

Our final piece of news is that we are changing both the date and location of our May meeting for 2013. We said goodbye to Monterey and are busy planning for "The Pediatrician as Specialist" in 2013. The meeting will be at the Resort at Squaw Creek, in Lake Tahoe, CA and will be held Friday to Sunday, May 3 to 5, 2013. We have lined up an impressive faculty already - Dr. **Basil Zittelli**, Dr. **Walter Orenstein**, Dr. **Peter Sun**, **David Kirp**, PhD, Dr. **Vince Felliti**, Dr. **Shoshana Bennett** and Dr. **Mohammad Diab**. It is going to be an excellent conference in a great place - and if we're lucky with the weather, there will be both spring skiing and hiking in this family-friendly and beautiful new location. Stay tuned for updates on the chapter Facebook page and Website.

As always, I want to thank **Beverly Busher** and the members of the CME committee for all of their ideas and hard work. We welcome your comments, suggestions and are always looking for

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News Update

Scholarships for Residents

Earn Free Chapter Dues

Chapter leadership has approved a trial initiative to gain members and give back to ongoing members. **You only need to enlist three new members (not renewals) to earn one year credit for your chapter dues.**

Easy and you save \$160.00 for another project. We hope the new members will continue to see value to their membership and renew yearly. California Chapter 1 appreciates your support.

Contact Beverly Busher for more information at aapbev@sbcglobal.net or 415.479.9200

new members and new ideas. Feel free to email me (dr.nelson.branco@gmail.com) or Beverly (aapbev@sbcglobal.net) at any time.

Vintage Docs Update

By *Harvey Kaplan, MD*

Today, June 28, 2012 the US Supreme Court in a historic 5 to 4 decision affirmed the constitutionality of the Affordable Care Act adding to the list of noteworthy events in June that includes Matt Cain's *perfect game* the first ever in over 100 years of Giants history. I'm also going to include my eldest granddaughter Mikayla graduating from middle school, her brother Joe from Alamo elementary (gave hugs to all the 5th graders) and have to mention too the Marin kids Anika, Zachy and Sammy. Makes a Vintage Doc feel a little more vintage but very happy to be around to see it all.

Co-chair of our committee **Bill Feaster** will be leaving the chapter for a new job at Children's Hospital Orange County but still at Lucille Packard Children's Hospital until next year. Bill we will miss your intelligence, energy and wit and not least your taste for fine wine. Thank you for co-chairing the Vintage Docs from the start and especially for your expertise in many areas affecting children's health and pediatric practice including the success of the Life Beyond Practice conference at Stanford. Good

luck in your new job.

In looking back over our prior meetings of the subjects discussed as well as the Senior AAP Website for fresh ideas for our committee. The following topics seem to be often mentioned as of interest to senior pediatricians: Mentoring pediatricians in training and facilitating their participation in chapter activities, collaboration with young pediatricians at the committee level, advocacy and legislative testimony on behalf of children, philanthropic opportunities within the AAP, volunteerism and MOC issues for 'lifetime certificate' holders of our generation. I'm a supporter of the First Five approach to early investment in kids lives and would like to see more links to pediatricians in the community. Let us put to use the collective wealth of experience (good and bad) we have accrued as pediatricians in many capacities, for the benefit of children and our younger colleagues. The Vintage Docs Committee has over 20 members some still active in practice and teaching, working or volunteering part time, enjoying late career *re-inventions* or just enjoying retirement activities.

If you are 55 or older you are welcome to join our group and find a meaningful way to share your experiences and ideas to enhance the lives of children and pediatricians. A meeting of the Vintage Docs will be planned for later this year.

Committee on International Child Health Announces Resident Scholarships

By *Donna Staton, MD*

Great news for resident members of California Chapter 1 (CC1) interested in global health. The Committee on International Child Health is delighted to announce a new scholarship fund to help pediatric residents carry out global health electives as part of their training. In partnership with the Children's Hospital of Oakland Research Institute's Children's Global Health Initiative (CGHI), we will be offering two annual \$750 scholarships. The scholarships are intended to help defray travel and living costs for residents planning global health electives in low resource countries.

Applicants must be CC1 members, and awards will be made in two cycles each year. The application deadlines are tentatively September 15 and March 15 each year. Scholarship details and applications will be posted later this summer on the CGHI website: www.cghi.info.

Dr. **June Brady** has stepped down this year as co-chair of our committee, and the two co-chairs for the coming term will be Dr. **Deborah Miller** (drdeborahmiller@gmail.com) and Dr. **Donna Staton** (donnastaton@gmail.com). Committee members, please stay tuned for an email announcement about our meetings, lectures and

Lesbian, Gay, Bisexual, Transgender Health

activities resuming this fall. For those of you with an interest in global health who are not members, please join us. We welcome new members, and look forward to sharing exciting information and resources with you. Please email either of our co-chairs to get on our email list. See you this fall.

A New Provisional Section on LGBT Health

By Ilana Sherer, MD

A group of AAP members from across the country are currently working toward Provisional Section status for a section dedicated to issues pertaining to LGBT (lesbian, gay, bisexual, transgender) children and families, and we are looking for other AAP members interested in joining us as charter members.

With the recent attention in the media to school bullying and victimization, pediatricians are often called upon to advise communities around issues directly related to LGBT youth. The Provisional Section on LGBT Health (SoLGBTH) is established to provide a network for pediatricians with an interest in issues related to LGBT children, youth, and families. The section serves as a forum for all pediatricians to come together and enhance their personal and professional knowledge and to advise colleagues and AAP leadership on education, research, policy, practice, and advocacy related to LGBT health issues in collaboration with other sections,

committees, councils, and AAP entities.

The Provisional SoLGBTH joins a nationwide effort in eliminating disparities for LGBT individuals and families through education, research, policy, informed practice, and advocacy. In 2010, the National Institutes of Health requested the Institute of Medicine to convene a committee to assess the current state of knowledge about the health of LGBT people. The result is a research agenda formed to guide the NIH in focusing its efforts in this area. The American Association of Medical Colleges, The Joint Commission, Health and Human Services, Healthy People 2020, and the American Medical Association are among the mainstream organizations demonstrating a commitment to addressing LGBT health disparities in coming years.

In addition, the section serves as an opportunity for increasing the membership and participation of LGBT pediatricians in the AAP by providing a dedicated forum for professional education, involvement, networking, and mentoring among AAP Fellows, young physicians, residents, and medical students interested in pursuing a career in pediatrics. The availability of such a forum is vital to breakdown the social marginalization and stereotypes that exist with regard to LGBT people working in professions such as ours, and to position the

AAP as a cutting-edge institution that values diversity in its membership and provides an attractive professional home to young physicians.

Signing up as a charter member does not commit you to any extra work or time (unless you want it to), and does not imply anything about your own LGBT status, except that you are interested in the health of your LGBT patients and families. To sign up, please email ilana.sherer@gmail.com and include your AAP district number (or geographic location) if possible. **There will be a gathering of interested people at the New Orleans NCE** with details TBA. Please feel free to forward this announcement to your colleagues in other regions as well.

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Coming Events

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December 1, 2012
Chills, Thrills and Spills
Annual Winter CME Conference in San
Francisco
Save the Date
More information available soon.